

GO GREEN Challenge

Name: _____
 Club: _____
 Completion date: _____

March 13 - April 30, 2023

- Complete each task 5 times.
- Post your journey on social media.
- Use **#RotaractGoGreen** and **#District5810Proud**.
- Track your progress using this digital form. Fill out as you go and Save file.
- Scan/Click QR code to submit completion form and get your certificate.



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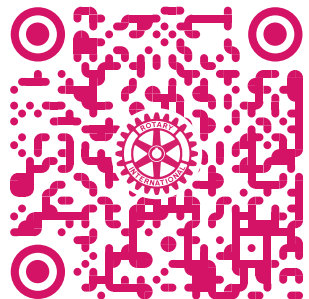
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March: World Rotaract Week
 April: Environment Mont

Thank you for participating!



Do your part to keep our communities clean



Participate in a community clean up, or pick up litter you see when you're out and about.

Reuse your water bottle



Each day, people in the U.S. throw away more than 60 million plastic water bottles.

Enjoy nature!



Take a break from work and stress, and go for walk, a bike ride, or even plan a picnic.

Bring your own bag(s) when you go shopping



100 billion plastic bags are used annual by consumers in the U.S.

Support local farmers



Head to a farmer's market to pick up local produce.

Give back to the environment



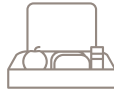
Plant a tree or some flowers in your garden or within your community.

Get creative and upcycle



Instead of throwing something out, find a way to upcycle it by using it for something else. (i.e. plastic to-go boxes make for great lunch bag containers)

Pack your lunch instead of getting take out



A person can create around 67 lbs. of waste annually from single-use packaging. Packing a lunch using reusable containers can help reduce that.

Say no to the plastic straw!



It is estimated that 8.3 BILLION plastic straws pollute our world's beaches. It is also estimated that it can take up to 200 YEARS to decompose.

Donate things you no longer use/need.



Spring cleaning is here, but before you throw out something, ask yourself if someone else could use it. Donating things reduces the impact of waste disposal.

BYOC



Bring Your Own Cup!
Did you know Starbucks gives a discount when your bring your reusable cup? Or, skip the lines altogether and brew your own at home.



ENVIRONMENT

